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YOUCAT provides fresh, 'young' look at the Catechism of the Catholic Church

Benedict XVI writes foreword for official Catechism for World Youth Day 2011

SAN FRANCISCO, April 5, 2011 – Ignatius Press is publishing the English-language edition of *YOUCAT* – short for "Youth Catechism of the Catholic Church." *YOUCAT*, which includes a foreword from Pope Benedict XVI, will be distributed at this year's World Youth Day – the bi-annual event that draws millions of young Catholics from around the world. World Youth Day 2011 is set for Aug. 16-21 in Madrid, Spain.

"I beg you," Benedict XVI writes, "study this Catechism with passion and perseverance. Make a sacrifice of your time for it."

YOUCAT adapts the content of the Catechism of the Catholic Church to a format intended to engage young people and young adults. It is an accessible and contemporary expression of the Catholic Faith.

The book is also keyed to the Catechism of the Catholic Church, so people of any age can explore Catholicism and the Church in a much deeper way.

It explains:

- Doctrine What Catholics believe;
- The Sacraments How Catholics celebrate the mysteries of the faith;
- Moral Life How Catholics are to live;
- Prayer and Spirituality How Catholics should pray.

YOUCAT's attractive format includes questions and answers, highly-readable commentary, margin photos and illustrations, summary definitions of key terms, Bible citations and quotes from the Saints and other great teachers. The questions are direct and honest, even at times tough; the answers straightforward, relevant and compelling.

"You need to know what you believe," the Pope adds in the foreword. "Yes...you need to be more deeply rooted in the faith than the generation of your parents so that you can engage the challenges and temptations of this time with strength and determination."

For more information about *YOUCAT*, to request a review copy or to schedule an interview with Ignatius Press Editor Jesuit Fr. Joseph Fessio or Ignatius Press President Mark Brumley, please contact Kevin Wandra with The Maximus Group at 678-990-9032.