

find the good in every situation
and choose to do it

give both God & neighbor
everything that we have

strength to resist temptation,
overcome obstacles & conquer fear

balance in use of created things,
using them in moderation &
for good

belief in God & belief in all
He has said & revealed to us

desire for the Kingdom of
Heaven, placing our trust in
Christ's promises

love God above all things for
His own sake, & our
neighbor as ourself

Virtues

CCC

1809-1845

through education
and effort
with help of grace

through faith,
hope, and charity