



*Be A Man: Becoming the Man God Created You to Be* is the first book by Fr. Larry Richards. He draws from his years of ministering to men as a Catholic priest and his personal experience and struggles to learn the meaning of true manhood. *Be A Man* encourages men to live as a beloved son of God, to be men of true love and wisdom, to find faith and pursue holiness.

Fr. Richards speaks directly to men in *Be A Man* and challenges them to acknowledge their faults, admit their weaknesses and limitations and to be masculine without being macho. He inspired men to be the true heroes they long to be—men of authentic courage, deep compassion and fierce integrity. *Be A Man* helps men to appreciate the real differences between men and women.

*Be A Man* is about men giving their lives away. As Fr. Richards points out, Jesus Christ Himself reveals what it is to be a man. He was a man for others, He challenged people, He was strong and He gave Himself away by dying for others while commanding His disciples to do the same. Each chapter ends with tasks that must be accomplished as well as questions for discussion and reflection.

To read excerpts from *Be A Man*, please visit the website [www.BeAManBook.com](http://www.BeAManBook.com).

Title: *Be A Man: Becoming the Man God Created You to Be*  
Author: Fr. Larry Richards  
Publisher: Ignatius Press  
Release Date: October 2009  
Price: \$14.95  
Pages: 196, paperback  
ISBN: 9781586174033